

Mostly  Woman

30 Days With Jiddu Krishnamurti



*Personal
Development
Challenge*

Mostly  Woman

It is no
measure of
health to be
well
adjusted to
a profoundly
sick society

- Jiddu Krishnamurti -

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The ability
to observe
without
evaluating is
the highest
form of
intelligence

- Jiddu Krishnamurti -

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You must understand
the whole of life,
not just one little
part of it. That is
why you must read,
that is why you must
look at the skies,
that is why you must
sing, and dance, and
write poems, and
suffer, and
understand, for all
that is life

- *Jiddu Krishnamurti* -

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It is truth
that
liberates,
not your
effort to
be free

- Jiddu Krishnamurti -

Freedom and love go together. Love is not a reaction. If I love you because you love me, that is mere trade, a thing to be bought in the market; it is not love. To love is not to ask anything in return, not even to feel that you are giving something- and it is only such love that can know freedom

- Jiddu Krishnamurti -

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Real
Learning
comes about
when the
competitive
spirit has
ceased

- Jiddu Krishnamurti -

The more you know yourself, the more clarity there is. Self-knowledge has no end - you don't come to an achievement, you don't come to a conclusion. It is an endless river

- Jiddu Krishnamurti -

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Tradition
becomes our
security,
and when
the mind is
secure it is
in decay

- Jiddu Krishnamurti -

Mostly  Woman

To understand
the
immeasurable,
the mind must
be
extraordinarily
quiet, still

- Jiddu Krishnamurti -

If you begin to
understand
what you are
without trying
to change it,
then what you
are undergoes a
transformation

- Jiddu Krishnamurti -

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The
constant
assertion of
belief is an
indication of
fear

- *Jiddu Krishnamurti* -

Happiness is
strange; it comes
when you are not
seeking it. When you
are not making an
effort to be happy,
then unexpectedly,
mysteriously,
happiness is there,
born of purity, of a
loveliness of being

- Jiddu Krishnamurti -

Mostly  Woman

Do it or
don't do it,
but get on
with it...

- Jiddu Krishnamurti -

Follow the wandering,
the distraction, find
out why the mind has
wandered; pursue it,
go into it fully. When
the distraction is
completely
understood, then that
particular distraction
is gone. When another
comes, pursue it also

- Jiddu Krishnamurti -

Mostly  Woman

It is only when
the mind is free
from the old
that it meets
everything
anew, and in
that there is
joy

- Jiddu Krishnamurti -

I maintain that
Truth is a pathless
Land, and you
cannot approach it
by any path
whatsoever, by
any religion, by
any sect. The
moment you follow
someone you cease
to follow Truth

- Jiddu Krishnamurti -

Find out for yourself
what are the
possessions and ideals
that you do not
desire. By knowing
what you do not
want, by elimination,
you will unburden the
mind, and only then
will it understand the
essential which is
ever there

- Jiddu Krishnamurti -

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If you lose
touch with
nature you
lose touch
with
humanity

- Jiddu Krishnamurti -

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It is love alone
that leads to
right action.
What brings
order in the
world is to love
and let love do
what it will

- Jiddu Krishnamurti -

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There is no end to education. It is not that you read a book, pass an examination, and finish with education. The whole of life, from the moment you are born to the moment you die, is a process of Learning

- Jiddu Krishnamurti -

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The primary
cause of
disorder in
ourselves is the
seeking of
reality
promised by
another

- Jiddu Krishnamurti -

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**Analysis
does not
transform
consciousness**

- Jiddu Krishnamurti -

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To understand
life is to
understand
ourselves, and
that is both
the beginning
and the end
of education

- Jiddu Krishnamurti -

The very desire to
be certain, to be
secure, is the
beginning of
bondage. It's only
when the mind is
not caught in the
net of certainty
and is not seeking
certainty, that it
is in a state of
discovery

- Jiddu Krishnamurti -

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Intelligence is
the capacity to
perceive the
essential, the
what is; and to
awaken this
capacity in
oneself and in
others, is
education

- *Jiddu Krishnamurti* -

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From
innumerable
complexities we
must grow to
simplicity; we
must become
simple in our
inward life and
in our outward
needs

- Jiddu Krishnamurti -

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Happy is
the man
who is
nothing

- Jiddu Krishnamurti -

Mostly  Woman

What you are
the world is.
And without
your
transformation,
there can be no
transformation
of the world

- Jiddu Krishnamurti -

It is a great art to have an abundance of knowledge and experience - to know the richness of life, the beauty of existence, the struggles, the miseries, the laughter, the tears - and yet keep your mind very simple; and you can have a simple mind only when you know how to love

- Jiddu Krishnamurti -

The description is not the described; I can describe the mountain, but the description is not the mountain, and if you are caught up in the description, as most people are, then you will never see the mountain

- Jiddu Krishnamurti -